

WARREN



"Jolly Rogers"

SENTINEL

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The tax season ends April 15. Call the tax center at 773-5TAX (5829) to schedule an appointment.





WHO SAYS WARREN DOESN'T DEPLOY?

Senior Airman Chris Bender, 90th Civil Engineer Squadron levels the concrete in one of the pre-cast runway slabs destined for repairs at a deployed location's runway. Airman Bender is currently deployed with the 455th Expeditionary Civil Engineer Squadron. (For more of Warren's deployed servicemembers, see Around the Air Force on page 15.)

Photo by Capt. Catie Hague

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1,000 days of driving safety
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Commentary

Take back your family

Glenn Garcia

Family advocacy program

No one will argue that as a society and as a family, we are more consumed with activities than at any other time in our lives. The cost of this hustle and bustle may well be the family itself.

Recent studies conclude that family intimacy and family conversations suffer the most as we “run” from one activity to the next. Tension and stress also increase as a result of living a hurried and overwhelmed lifestyle. Family violence and child abuse are two of the negative outcomes that can result from being too rushed.

Although parents have good intentions, sometimes trying to do and be everything for your children can cause a parental meltdown resulting in verbal or physical abuse.

As we all run tirelessly from the house to the car to our jobs, it becomes ever more important to emphasize the need for child abuse awareness. About 90 percent of the cases seen at the family advocacy program for abuse and neglect are not cases of parents who hate their children. Rather, it is parents who have so much occurring in their lives and are so overwhelmed and overcommitted that in a moment of weakness, they said or did something that injured another family member.

The key to survival is to slow down and ask yourself some very important questions. Are the kids really better off by being involved in soccer, scouts, piano lessons and choir? What are they learning by eating fast-food in the car and doing homework on the sidelines? Some parents would argue that they are simply preparing their children to be problem solvers and multi-taskers. Professionals would argue that this cha-

otic lifestyle simply leads to a society of attention deficit-disordered children, who can readily transition from one activity to the next, but at the end of the day have no sense of completion or feelings of accomplishment.

Also, ask yourself if your children will really be better off if they grow up never having sat down for a family meal or spent quality time with you talking about values. Many of today's parents are missing the boat thinking that they are doing the right thing by keeping their kids over-involved. Watch any episode of Dr. Phil or Nanny 911 and you can see the result of parents who have good intentions, however, they are missing the concept of what it means to be a family.

Wyoming's First Lady Nancy Freudenthal is also very concerned about what is happening to our families.

Wyoming is ranked high in several key statistical areas that should be of great concern for parents. Wyoming is 1st in the nation for drinking alcohol before the age of 13, 4th in the nation for binge drinking, and 6th in the nation for cur-

Family, Page 3



Hoops Shots

A giant Huah goes out to the **Mighty Defenders** of our **Security Forces Group**. They put on the best retirement dinner and ceremony I've seen – a perfect tribute to **Col. Mike Witt** for his 26 years of stellar service to our nation. We wish Mike, Liz and the girls “happy trails” and know that our base just won't be the same without the Big Dog!

I'd like to highlight another **wingman** story – this time involving my executive officer **Capt. Rachel Wells**. Brent and Rachel Wells were expecting their first child sometime in mid-March. Of course, as luck would have it Brent, a captain and Mighty Operator, was on an extended TDY to weapons school and the baby had a different timetable in mind. About three weeks before the planned delivery, Rachel experienced a sudden, serious drop in blood pressure. She was immediately admitted to the hospital where she would remain until the delivery (which was now a matter of hours or days, not weeks). As you can imagine, there was no real time to prepare for this sudden change in events. Not a problem because this was when a series of wingmen sprung into action.

Billie Jean Ludwick, 90th Space Wing protocol office, rushed to the hospital, then went to the Wells' home to gather overnight bags, feed the animals, etc. and then stayed with Rachel until Brent could arrive. **Capt. Joe Johnson, 90th Operation Support Squadron**, informed his boss **Lt. Col. Charles Grossart** of the situation. Colonel

Grossart knew folks at the weapons school and started the process of tracking Brent down. Within minutes, Brent was talking with Rachel – a huge comfort to both of them. Brent's leadership at the weapons school waived his upcoming class trip and made flight arrangements while Brent packed. **Capt. Bruce Ludwick, 90 OSS**, picked Brent up at DIA. Their quick actions ensured he was at her side by 11 p.m. that night. Other helpers included **Capt. Brian Maddern, 321st Missile Squadron**, and his fiancée **Amy** who attended Lamaze classes with Rachel and assisted with the delivery. **First Lt. Rob Breland, 321 MS**, and his wife **Lucinda** ensured the Wells' horses and dog were taken care of.

In the end, all turned out well with Brent and her parents arriving in time for the birth but what a comfort knowing their Air Force family was there for her either way. I'm told there were times when so many calls and offers of help were coming in that they had three phones going at once!

Later as my wife Amanda and I held J.T., I wondered if he knew how many people (active duty, civil service and dependents) from multiple units and offices across this wing and the country had pitched in with no notice to stand behind a new mother and father. Well, we all knew and it highlights again that the Air Force is a family where we serve each other even as we serve the nation. So, it's no surprise that young J.T. had a lot of wingmen – and so do we all.

-- Col Hoops

— Warren —
SENTINEL

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Commentary

My Country Tis of Thee

A tribute to the 320th Bombardment Squadron

Honoring the tradition of the forefathers of the 320th Bombardment Group, Mrs. Maria Hess Pacha provided a tribute to Warren in the memory of her father, a 320 BG aircrew member in World War II.

Mrs. Pacha's father, John Hess, was in the 320 BG with Lt. Col. Tom Hayter USAF (Ret.) Lt. E.H. Kluck, pilot; Lt. R.G. Ford, co-pilot; Lt. T.B. Hayter, navigator; Lt. J.F. Hess, radar operator; Lt. M.A. DeFalco, bombardier; Tech. Sgt. O.L. Mallory, flight engineer; Tech. Sgt. E. Haughney, radio operator; Staff Sgt. C. McCord, gunner; T.F. Hughes, gunner; Staff Sgt. Cain, gunner; Staff Sgt. K.E. Hinrichs, gunner.

I was young when my dad taught me,
how to say the pledge.
And I watched as he saluted,
the flag hanging from the ledge.

I listened as he taught me,
for all the things she stood.
He said that I must guard her.
I told him that I would.

My country tis of thee.

When I grew a little older,
we got a little out of touch.
With all the things he taught me,
I sometimes forgot too much.

But I remembered still my promise,
that I would stand proud, and I would guard.
So I went to a war that wasn't,
and it was ugly, it was hard.

I watched the bodies of my comrades,
falling to the ground.
In the background of the insanity,
I can still hear the sound.

My country tis of thee,
sweet land of liberty.

I came home and started,
a little family of my own.
Fostered the seed my dad had sown,

in the son I saw full grown.

I taught him he should guard with pride,
this land in which we live.
And my brave young son went to war,
and gave all that he could give.

My son has done his duty,
and as they lay him in the ground.
I salute the flag that covers him,
and I can still hear the sound.

My country tis of thee
sweet land of liberty
of thee I sing.

© 2004 Marie Pacha

THE CIVILIAN PAVILION

Matt Cox
Visual information

You don't have to be John Nash to see that 0-0-1-3 equals four, but you do have to look beyond the simple arithmetic for the deeper meaning.

I realize the addition is not the point; it's what each number represents that's important, but like I said, I'm looking beyond that for a moment.

But if you didn't know, the first 0 stands for zero drinks for those under 21; the second 0 stands for zero DUIs; the 1 stands for one drink per hour; the 3 stands for no more than three drinks per night.

These numbers are not arbitrarily plucked from the dreaming tree. They are carefully chosen in reference to the "science" of drinking.

Each represents a tangible, concrete example of what this program is built to do: curb dangerous drinking habits through knowledge and personal responsibility.

But it's not so much about the number four as it is about the word "for".

This program is for Airmen, for success, for life. It's for their careers, for their families and for their job. It's for the entire community and it's for the individual.

When Warren leadership saw there was a problem with drinking here they did something about it. But they didn't rely on scare tactics and obvious punishment as the main deterrent – not that a DUI charge and court-martial aren't intimidating enough, but people already know that's the risk they're

taking. With those ugly consequences looming around every corner like a cop with a radar gun and Breathalyzer test, the Air Force could afford to think outside the box to develop a new approach.

0-0-1-3 was it.

It's a de facto ownership society where the military isn't preaching to its members the only way to drink is not to drink, that's unrealistic.

This campaign seems more about shifting personal responsibility back to the individual, right where it belongs. The military clearly holds a great stake in all its members' wellbeing whether it's making sure they have the right equipment to do their jobs in the field or have the knowledge to drink responsibly on the weekends. It all adds up.

The way I see it the 0-0-1-3 program boils down to tools, not rules.

Warren leadership has decided to tackle this problem by addition

through subtraction: It has attempted to ease the appearance of hard and fast rules by giving Airmen more responsibility and providing them with tools such as knowledge and limits.

No matter how frightening, embarrassing and dangerous reckless drinking can be, a certain dynamic is created when the onus is shifted to the individual.

Failure weighs on the mind, heart and soul like an anchor.

Pride hurts when you walk in your office Monday morning and everyone has already read your name in the blotter briefs for a DUI charge over the weekend. There is no loophole or wiggle room.

The posters are out there, the line has been drawn and the message is loud and clear: The choice is yours, but you know the rules and have the tools to make the right decision. Do the math.

Family, from Page 2

rent alcohol use. As a parent, you should be alarmed about what is happening to your children when you are not with them and make a vow to take back your family.

If you can do this, the results will be immeasurable. You will

find more intimacy in your marriage, more happiness in your children, and more money in your pocket at the end of the month. Your lives will be richer and you will be able to enjoy the fruits of your efforts.

Help the family advocacy program reduce child abuse by cutting back those hectic schedules and by finding more quiet moments just to talk with your children and your spouse.

The month of April is Child

Abuse Prevention Month and Military Family Appreciation Month.

For more information or for parenting advice contact the Family Advocacy Program at 773-6278 or visit the People Helping People website at www.php-ids.com.

90 OG embraces driving as part of mission

1st Lt. Raymond Ruscoe
321st Missile Squadron

Recently, missileers of the 90th Operations Group celebrated a milestone - more than 1,000 days of flawless driving in the missile field.

"I am proud of these 1,000 days of driving excellence by the crews of the ops group," said Col. Evan Hoapili, 90th Space Wing commander. "I am even prouder of work [they've] done to incorporate safe driving practices into [their] culture. It is a hallmark of the

safety-minded attitude that is sweeping this base."

Each year, 90 OG operators drive nearly 1.4 million miles, much of it on dirt roads, and quite often in wintry weather. Since the last mishap in March 2002, operators drove enough accident-free miles to go to the moon and back three times.

The last operator driving mishap occurred when a crew driving to alert in hazardous winter driving conditions overcorrected in a skid. This sent them hurtling into a snow bank and into another government vehicle causing more than \$3,500 in damage. This and other incidents caught the attention of 90 OG leadership and prompted them to do something about it.

Correcting the problem required innovation. Commanders, supervisors and combat crew members across the group rolled-up their sleeves to make some sweeping changes before anyone else got injured. They responded by adopting the *Operational Risk Management* and *Crew*



Photos by Capt. Eric Chin

First Lt. Max Turner, 321st Missile Squadron, assists the driver of his vehicle in backing out of a parking space. This procedure is required when there are two or more servicemembers in the vehicle.

Resource Management models from the flying community and applied them to driving in the missile field. These models helped the operators to break down the act of driving into its constituent parts and to identify and compensate for the various risk factors that drivers face. This enabled an aggressive driver training and evaluation program for every

driver in the group.

Moreover, the 90 OG learned to embrace driving as part of the mission. They discuss driving safety, associated risk factors, and lessons learned from others' accidents during daily squadron-level mission planning. This is where each operator scores his or her readiness to drive that day from the standpoint of

road conditions, past driving experience, fatigue, age, etc. Then, the person with the most favorable score is given the keys. This effort sets operators up for driving success every day.

"Our operators daily effort to mitigate driving risks should be the benchmark for all units in the command," said Colonel Hoapili.



Capt. David Jones, 320th Missile Squadron checks the oil levels.



Photo by Bernie Ernst

WARREN LOSES ITS WITT

Col. Michael Witt, 90th Security Forces Group commander is congratulated by his wife, Liz, at his retirement ceremony here April 1. Colonel Witt plans relocate to Las Vegas with his family and work as a general manager for Pinkerton Government Services.



Briefs

IG complaints program

To carry out their responsibilities, inspector general, IG staff members, and investigating officers must have expeditious and unrestricted access to and copies of all Air Force records, reports, investigations, audits, reviews, documents, papers, recommendations, or other relevant material that are authorized by law and policy.

Inspector generals are authorized access to all documents and all other evidentiary materials needed to discharge their duties to the extent allowed by law and policy.

No Air Force member or employee may deny an IG or a properly appointed IO such access.

For further information, call 773-4800.

Bulk Item Pickup

There will be a base wide bulk item pickup on May 16. Check the Sentinel for more information in late April. If you have questions, please call the Housing Management Office at 773-1840.

Estate claims

Maj. Robert Korte, 153rd Command and Control Squadron commander, regrets to inform personnel of the death of Staff Sgt. Shawn Ayotte.

Personnel having claims against or in behalf of Sergeant Ayotte should present same to Capt. Robert Huylar, 153 CACS, 773-6720 or e-mail robert.huylar@warren.af.mil.

Lt. Col. promotion criteria

Majors eligible for the 2005 lieutenant colonel promotion board must have an extended active duty date of Jan. 6 or earlier and a date of separation of Oct. 4 or later. Active duty officers under the Voluntary Recall Program or other reserve recall program must have at least one year on active duty as of the board convening date.

For questions or more information, contact Master Sgt. Gary Moix at 773-2585.

Busted: What did Warren servicemembers think they could get away with this time?

Capt. Karl Sandell

90th Space Wing judge advocate office

On March 17, Airman 1st Class John Shea was convicted of wrongful use of cocaine at a special court-martial held on base. Airman Shea pled guilty to the charge and specification of a single use of cocaine while at a club in Fort Collins, Colo., over Halloween weekend in 2004.

A military judge sentenced Airman Shea to a bad conduct discharge, three months of confinement and reduction in grade to E-1.

Capt. D. Michael Tucker, 90th Space Wing legal office, represented the United States. Capt. Joel England, the area defense counsel at the Air Force Academy, represented Airman Shea.

Airmen Shea was prosecuted after urinalysis testing conducted by the Drug Demand Reduction Program at Warren revealed the presence of cocaine in his body. He was identified as a result of a unit sweep urinalysis directed by his squadron commander.

On March 18, Senior Airman Mark Gettings was convicted during a general court-martial held on base of wrongfully processing and displaying pornography on two government computers and for stealing several thousand dollars from two Airmen. The Airmen were inmates on base and Senior Airman Gettings was their confinement guard.

Senior Airman Gettings pled guilty to the charges of larceny and wrongfully violating Air Force Instruction 33-129, which governs web management and internet use.

A military judge sentenced Airman Gettings to a dishonorable discharge, eighteen months confinement, forfeitures of all pay and allowances and a reduction to E-1. However, his punishment was reduced to a bad conduct discharge, fifteen months confinement, forfeitures of all pay and allowances and a reduction to E-1 pursuant to a pretrial agreement.

Capt. Karl Sandell, 90 SW legal office, represented the United States. Capt. Andrew Kalavanos, the area defense counsel from Peterson Air Force Base, Colo., represented Airman Gettings.

Trials by court-martial are open to the public. Trials are held in the base courtroom located in Building 232 on the second floor.

If you have any questions, contact the legal office at 773-2256.

Did you know?

Process for 90th Medical Group Appointments

Appointment line: 772-4020

Pediatric Clinic appointment line: 773-3450

For Referrals outside the MTF:

1. Any patient being seen for acute care must have prior authorization from their primary care manager (PCM) before seeking care down town to prevent being billed for that visit.
2. Call your PCM during duty hours at 773-3732, PCM on-call after duty hours at 773-3461, Flight Medicine during duty hours at 773-2359 or PRP during duty hours at 773-3580.
3. Emergency Care is where a "prudent lay person" believes there is a serious medical condition that threatens life, limb, or eyesight. If you have a true emergency, go to the nearest emergency room or call 911.

90th Medical Group Referral Process

Did you recently receive a referral from your medical group provider to go downtown?

1. Please ensure your address is updated in DEERS at the MPF/Customer service or by going to <https://www.dmdc.osd.mil/appj/address/index.jsp> (to ensure you receive your authorization letter).
2. If your medical group provider feels it is necessary to be seen by a specialist, they will type up a referral.
3. You may proceed to managed care to have the referral approved and the specialty appointment made.
4. A letter will be sent to you approximately 10 days after your medical group appointment.
5. If you have not received a letter in 10 business days, please call 1-888-TRIWEST for your authorization number.
6. Due to the new contract, if the letter is incorrect, please contact the Managed Care office at 773-3011.

If you receive a bill and have claims questions, please call 1-888-TRIWEST.

If you are a TRICARE For Life beneficiary with claims questions, please call 1-866-773-0404.



Construction Corner

Distribution of new trash containers has been completed around base. Old containers, if clean and at the curbside, were picked up. It is the housing residents responsibility to clean out the old container and place it curbside for pickup. If you still have an old container it is no longer to be used for trash as the new contractor will not collect it.

All trash should be in plastic bags weighing not more than 40 pounds, placed inside the new trash containers provided, and the lid secured with the elastic strap attached. Place your container curbside for disposal no earlier than the evening before your assigned pickup day, and return the container to its storage area no later than the evening of pickup day. Should your trash container be misplaced, it is your responsibility to locate it.

If you have not yet received your new trash container, call Robert Moreno at 773-6120 or Aldo Girany at 773-6104. It is possible that when delivery was attempted the old container was not picked up because it was not cleaned or it was not put on the curb for the Base Appearance Team to remove.

Mighty Ninety

CSU AFROTC Det. lives up to the name

Capt. William Schmidt
CSU AFJROTC Detachment 90
unit admissions officer

After spending almost a year preparing for their Operational Readiness Inspection, one of Warren's tenant units, Colorado State University Air Force ROTC Detachment 90, once again lives up to the name the Mighty Ninety with one new minor change: they're now known as the 'Outstanding Mighty Ninety.'

"When I arrived here in July 2003, there was no doubt in my mind the cadre and cadets of Detachment 90 had an outstanding program, now it's been validated," said Col. Dennis Kaan, Colorado State University Air Force ROTC

Detachment 90 commander.

After a 2001 overall "satisfactory" rating, the detachment has spent the years since refining and improving programs and processes.

And improve they did.

In six graded categories, Det. 90 received four outstandings and two excellents.

The detachment's training, recruiting, education, and unit support areas were all rated "outstanding."

Cadet personnel actions and cadet financial management were each rated "excellent."

"[Detachment 90 is] one of the best I've seen," commented one evaluator, confirming Det. 90 is one of the top detachments in the

"When I arrived here in July 2003, there was no doubt in my mind the cadre and cadets of Detachment 90 had an outstanding program. Now it's been validated."

— Col. Dennis Kaan, CSU AFROTC Detachment 90 commander

nation.

The mission of the Air Education and Training Command Inspection Team is to provide Air Force leadership objective and independent assessments of Air Force readiness, discipline and management efficiency and effectiveness.

The Outstanding Mighty Ninety is the eighth largest of 143 AFROTC detachments in the nation, and it

has a consistent fall enrollment of over 240 cadets.

The next ORI for Det 90 will be scheduled in approximately 3 years.

Several evaluators comments such as "across the board superlatives, hits the mark above average marks, computerized initiatives equals superb results," confirm they are among the top detachments in the nation.

Meet Warren's GC Mechanical Shop team

**Guardian Challenge
Mechanical Shop Team**
90th Maintenance Group

Guardian Challenge, Air Force Space Command's premiere space and missile competition, was postponed for 2005; however, this year's competitively selected 90th Maintenance Group's Mechanical Shop Team was poised to ensure that the Wranglers would take first place.

Team members included: Chief Senior Airman Neal Paris, team chief; Senior Airman Robert Malone, team member; and Tech. Sgt. Michael Penrose, team alternate.

The team was being trained by Tech. Sgt. Jesse

Clement. This year's task involved the inspection, repair and functional checkout of a launch control center's operator's seat.

"This team represents the 'best of the best' mechanical shop technicians. They have confidence, technical knowledge, and the will to win," said Master Sgt. Richard Mullee, the wing's Guardian Challenge maintenance NCOIC.

While it is disappointing that Warren's mechanical shop team will not compete for the Blackburn Trophy representing the best maintenance team, the team is confident that given a chance to compete in 2006, they will prove they are truly the best of the best.



Photo by Master Sgt. Richard Mullee

Warren's 2005 Guardian Challenge mechanical shop team from left: Staff Sgt. Robert Malone, Tech. Sgt. Philip Penrose, Tech Sgt. Jesse Clement and Senior Airman Neal Paris.

Get ready to ride

Tips to keep you safe on your motorcycle

Dave Clark
Safety office

As the weather turns spring-like, folks start to think about outdoor activities.

If you are a motorcycle rider or want to become one, your thoughts turn to the riding season. Before you jump on that bike and head for the open road, make sure you are ready to ride.

The Department of Defense and the Air Force requires all active duty members to complete a motorcycle safety course prior to riding on or off base. This includes on and off duty. It doesn't matter if you are in the local area or across the country on leave, you are required by AFI 91-207 to complete the motorcycle safety course prior to riding.



Courtesy photo

Helmets can make the difference between life and death in the event of a motorcycle accident.

ing. If you are a first time rider we recommend you complete the course prior to purchasing a bike. The course will help you determine the type and size bike that is the best fit for you. The wing safety office can get you registered and we'll even pay for the course.

Additionally, you are required to have your headlight on at all times and your bike must be equipped with rear-view mirrors. To further mitigate your chance of injury in the event of an accident, the Air Force requires that you wear certain personal protective equipment. Use of this PPE is mandatory, just like the requirement for completing a safety course. You must use the PPE on or off base as well as on or off duty. The following defines the required PPE:

Operator and any passenger must properly wear and fasten a helmet approved by the Department of Transportation or other standards such as Snell Memorial.

Operator and passenger must wear impact resistant goggles or a full-face shield unless the bike is equipped with a



Courtesy photo

The wreckage left behind after this motorcycle crash shows just how dangerous driving unsafely can be.

windshield that is at least equal in height to the top of the helmet of a properly upright-seated rider.

Wear a brightly colored or contrasting vest or jacket as an outer upper garment during the day and reflective at night. The outer garment will be clearly visible and not covered.

Wear a long sleeved shirt or jacket, long trousers, and full-fingered motorcycle gloves or mittens.

Wear strong, sturdy footwear. Leather boots or over the ankle shoes are strongly encouraged.

These requirements have been around since

1995. They were put in place to help reduce injuries. The popularity of motorcycles continues to increase and with this, the number of fatalities and serious injuries has also risen. Private motor vehicle accidents continue to be the number one killer of our Airmen and motorcycle accidents make up too many of these fatalities.

Each squadron has a motorcycle safety representative to aid you in becoming a safe rider. They have the tools and know how to help you enjoy your bike. Contact them to learn about training op-

portunities, understanding requirements, and to obtain riding literature.

Most motorcycle accidents are the result of risky and improper behavior. As a car and truck are designed to ride on four wheels, a motorcycle is designed to ride on two wheels. Doing "wheelies" is not only dangerous, it shows your lack of respect for the safety of others on the highway. If you want to ride on one wheel, buy a unicycle and stay on the sidewalk.

Get your motorcycle safety training done, wear your PPE, and obey the rules of the road. Enjoy a nice, safe riding season!

6 by 3



Photos by Airman 1st Class Lauren Sixbey

Warren's cemetery is rich in history. Six-hundred Soldiers, Airmen, dependents and civilians are currently laid to rest behind these gates.

Warren's cemetery

History as rich as the base itself

the mysteries surrounding the untimely deaths of the earliest Fort D.A. Russell's inhabitants.

Though not always complete, each line contains space for a name, rank, company, unit, hometown and cause of death. Most causes of death, though common back then, are now foreign in the 21st Century. For example, several small dependent children are listed to have died of the scarlet fever epidemic in 1871, while others show a cause of death as cholera, diarrhea or a gunshot wound, for example. One man's cause of death was listed as "run over by wagon," while another was "found on railroad tracks, frozen to death."

Mr. Fahrer said he has a soft spot for the base's cemetery.

"When I was in Europe, I visited an American cemetery in Luxemburg where WWII Soldiers, including General Patton are buried. It was maintained immaculately. That is not much different than the Cavalry days," he said. "They deserve that recognition as well."

The 90th Civil Engineer

Squadron maintains the site as part of a ground's contract.

In the southeast corner of the cemetery, fenced off from the main part, lie the graves of one Italian and eight German prisoners of war from World War II.

On Memorial Day, in addition to the American flags placed on each headstone, eight German flags and one Italian are placed on the POW's headstones. During Germany's celebration of their memorial day each November, the German Embassy provides money for flowers to be placed on the headstones as well, according to the Francis E. Warren Air Force Base Cemetery Grave Guide.

Contrary to popular belief, the cemetery isn't closed to new burials. As recent as March 30, a retired technical sergeant was laid to rest. Thirteen people currently have reserved spaces.

Through the Fort D.A. Russell Cavalry days, WWII and even today, those who have found their final resting place in Warren's cemetery join one another on the pages of history that are as rich as the base itself.



This headstone marks the grave of Karl Mueller, a German prisoner of war from World War II who died in 1945.



The graves of one Italian and eight German prisoners of war from World War II.

Airman 1st Class Lauren Sixbey
Public affairs

The historical significance of Warren is evident the moment one drives through the front gate. From the historic brick buildings along Randall Avenue to the Bells of Balangiga, history is unavoidable.

The base's cemetery is no exception. It began in 1867 under the direction of Gen. John Stevenson, Fort D.A. Russell's first commander. The first to be buried was Pvt. John Saunders, Company G, 30th Infantry, after he died Dec. 3 1867. At present time, around 600 Soldiers, Airmen, dependents and civilians are buried there.

Thomas Fahrer, 90th Services Squadron deputy chief, inherited the job of maintaining reservations and records for the cemetery after accepting his position in November 2000. In his office he holds the original hand-written record books depicting each internment. The old, yet meticulously well-kept, books unlock



Photo by Senior Airman Colleen Wronke

BATTERIES NOT INCLUDED

Senior Airman Chris Johnson, 90th Civil Engineer Squadron, demonstrates how "Angela" works, by having the robot hold C4 explosives at an undisclosed deployed location. Airman Johnson is deployed as an explosive ordnance disposal journeyman with the 332nd Expeditionary Civil Engineer Squadron. "We're here to disarm or dispose of explosives," said Airman Johnson. "We render safe and destroy unexploded ordnances, improvised explosive devices, and we destroy weapons caches."

Chat room abuse leads to suspension of services

Tech. Sgt. Jennifer Thibault
Air Force Space Command Public Affairs

The Air Force has recently identified several Airmen who have allegedly violated the rules of engagement in the Air Force Instant Messenger chat rooms.

According to Air Force senior leaders, several Airmen allegedly abused the AFIM system by engaging in electronic conversations that involved racial and sexual overtones. Air Force leaders have since deleted chat rooms where the violations have occurred and

temporarily suspended the ability to create new ones.

The AFIM rules of engagement, which are posted on the Air Force Portal site, state that the AFIM may not be used to send "harassing, intimidating, abusive or offensive" material.

Air Force Instruction 33-129, Web Management and Internet Use, also states that the unauthorized use of internet resources by government employees includes transmitting offensive material, such as "racist literature, materials or symbols; sexually harassing materials, pornography

and other sexually explicit materials." Violation of this provision is punishable under the Uniform Code of Military Justice for military members.

The Air Force Portal, where AFIM is located, is a Web-based system developed to incorporate as many Air Force information applications as possible, including military personnel flight and functional area information. Air Force senior leaders asked all Airmen to register with the portal in March of last year.

Some of the abusive electronic conversations originated from government computers.

"Our people need to understand that when they are using a government computer, every site they visit, every e-mail they send and every file they download are all monitored," said Gen. Lance W. Lord, Air Force Space Command commander. "It's our responsibility to use these systems for their intended purposes."

Although on an official Air Force site, the AFIM may be used for informal, unofficial communication. Airmen who abuse the AFIM, even from home computers, are still subject to disciplinary action because the abuse occurred on a government-

provided system.

"The AFIM is a handy, useful tool, but it should be used appropriately," said Lt. Gen. Dan Leaf, AFSPC vice commander. "We must still adhere to Air Force standards and instructions."

Major command commanders were notified this week of alleged violators within their command. To date, no Air Force Space Command members have been identified among the violators.

To register an account with the Air Force Portal, log on to <https://www.my.af.mil> and click on self-registration link.



90 MMXS named base champions

Tech. Sgt. Steve Goetsch
Public affairs

The volleyball team from the 90th Missile Maintenance Squadron wiped the floor of Freedom Hall by digging spikes and diving, then they wiped up the competition enroute to the 2005 base intramural championship, March 31.

90th Logistics Readiness Squadron won the first set of a best-of-three championship, 29-27. Refusing to be swept, the 90th MMXS came back in an equally tight game, 25-23 forcing a third set.

Maintenance prevailed this time, 15-10 and were thankful they didn't have to play an additional match (which is required when a team is unbeaten.)

"We only had six players for the final due to work schedules and our captain who was on leave," said Master Sgt. Michael Heckman, 90th MMXS.

The road to the championship was a direct path for the 90th MMXS. Eight teams started in the playoff bracket, but it was 90 MMXS who won the winners bracket and went straight through to the final without a loss.

Despite their impressive playoff run, the regular season got off to a rocky start.

"Our first few games were our practices. We lost our first three straight, then never lost again," said sergeant Heckman. "We couldn't get a practice in due to the NSI and CCA, on top of our vigorous maintenance schedule."

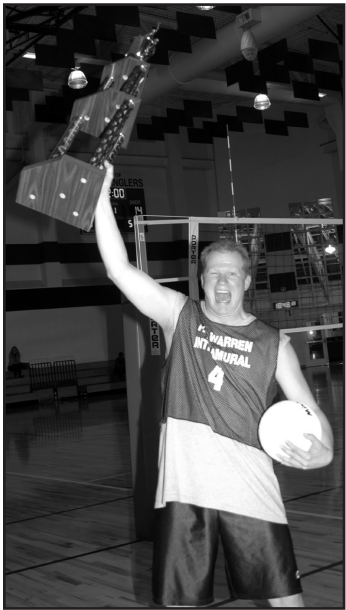
They faced an evenly matched team from the 90th LRS, who had to clear a few hurdles of their own to get to the final.

"After losing to the 321st/400th Missile Squadron team the first night, we realized we needed to play together as a team and not get down," said Tech. Sgt. William Guthrie,

coach, 90th LRS.

The team from MMXS attributes their championship to making big plays when they needed them and some hi-tech coaching technique.

"My daughter, Talitha, kept game stats for everyone on the team, then we would review them to see what we needed to concentrate on for the next game," said Sergeant Heckman.



Weekly youth bowling scores

Little Pee Wees - Ages 3-4	
Ashlyn Hess	95 game, +39
Zach Bobenmoyer	92 game, +6
PeeWees - Ages 4-6	
Madison Murray	84 game, +31
Justus Rieger	90 game, +22
Bantam-Preps - Ages 7-11	
Matthew Gray	505 high series handicap
Ashley Howard	456 high series handicap
Jordan Vrabel	200 high game handicap
Amber Hess	170 high game handicap

Junior-Majors - Ages 12 -21	
Rob Bates	697 high series handicap
Michelle Keney	627 high series handicap
Josh Kelley	267 high game handicap
Lauren Crocker	213 high game handicap

Saturday will be the final day for Warren Youth Bowling until September. The YABA award picnic is scheduled to be held May 15, 1 p.m. at Pioneer Park Gym.
For more information about the picnic or how to get your child involved in September, contact Agnes Colvin at 773, 5172.



Senior Airman Orlando Salas, 90th Civil Engineer Squadron, works on his form and defense with coach 1st Lt. Rodney Ellison, 319th Missile Squadron.

Photos by Tech. Sgt. Steven Goetsch

Saturday night fights: Part 2

Behind the scenes look at Warren's boxing team

Tech Sgt. Steve Goetsch
Public affairs

If you have the "eye of the tiger," there is a program for you to sweat, train and fight your fellow Warren Airmen. Warren has a boxing program that is open to anyone who is brave enough to step into the ring.

There is one exception to this rule. "If you are a dependent under the age of 18, we require that you have a statement releasing the Air Force and the Warren boxing team from any liability in case of injury," said coach 1st Lt. Rodney Ellison, 319th Missile Squadron.

The boxing program was started here two years ago by assistant coach, Tech. Sgt. Derick Harrison, after an idea for a boxing team was introduced in 2000.

"It took two years of talking and pleading to get this club off the ground, but once we had the approval, we were able to get the ring and equipment," said Harrison. "Now that we have some equipment, it is easier to run a top boxing program."

There was also a need for some additional recreational opportunities at Warren.

"I wanted to give people another program to occupy their time so their focus was not just to go out and drink," said Harrison.

One of the biggest hurdles of restarting the program wasn't the equipment, but rather participation. After sputtering from lack of interest, the program was started up again in September.

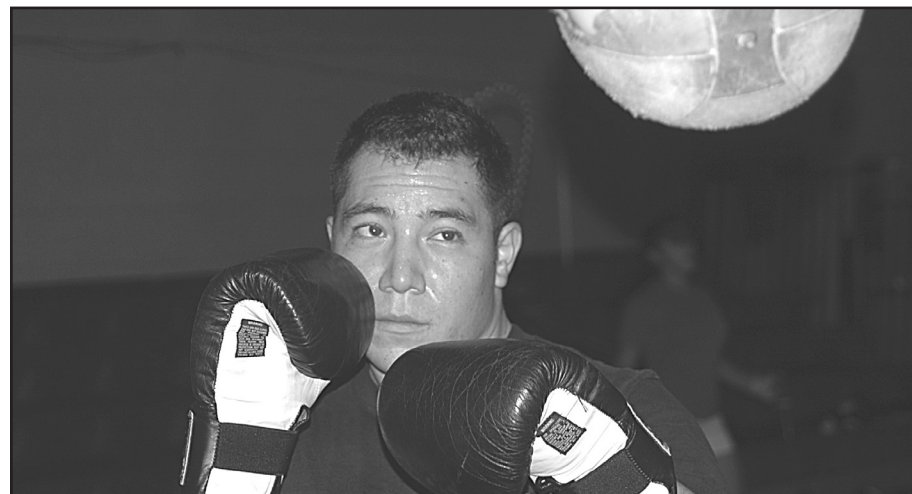
"We already had the boxing ring and a lot of the equipment, we just needed the people and the time to train," said Ellison. "With the schedules of the people on this base, tripping out to the field for multiple days, and the training that is involved with a space mission, it is hard to ensure there is enough quality training time."

Coaches Ellison and Harrison have a combined 23 years of boxing experience. Despite both coaches being passionate about boxing, they came from different beginnings.

Sergeant Harrison was inspired by the "Marvelous" Marvin Hagler, while Lieutenant Ellison took up boxing because it was a requirement for the Air Force Academy.

The program is getting stronger now with 15 dedicated boxers and another 15-20 that come sporadically. There is also a wide range of skill levels.

"We have people who have never stepped into the ring, to people like Sgt. Harrison who has competed for the Air Force team and owns a North Dakota Golden Gloves title.



Second Lt. David Suszko, 319th Missile Squadron, works the speed bag portion of circuit training. Circuit training is done every practice and helps players improve their form.

Besides the exhibition bouts the team participates in, there are two to three practices a week which are normally held on Monday and Wednesday. The practices are tough and normally consist of push-ups, sit-ups, jumping rope, speed bag, and the heavy bag. If you finish all of this, your reward is to hop in the ring and spar for three rounds. Some fighters have really reaped the benefits of all this intense training. "The training isn't easy. I went from a 76 percent to an 88 percent on this year's fitness test," said Senior Airman Orlando Salas, 90th Civil Engineer Squadron and boxing team member.

Both Harrison and Ellison have high hopes for the program and feel that the exhibition held March 12 is just a stepping stone to bigger and better things.

"I would like to see a boxing team that gets to fight against other bases and possibly host a 20th AF or Space Command tournament. These are the types of events that a boxer would need to put on their resume in order to box on the Air Force team," said Ellison.

The team is always looking for new people. If you are interested in participating in the boxing program, contact Ellison at 773-2280.

Women changing America

QA Airman first line of defense for NCC

QUICK FACTS

Name: Airman 1st Class Nora Ling

Age: 20

Job Title: Information manager

Squadron: 90th Maintenance Group/Quality Assurance

Hometown: Boston, MA

Notable for: Recipient of the 2005 Warren Federal Woman of the Year Award, Airman category and qualified for Air Force Space Command competition

What does the Warren Federal Woman of the Year award represent to you personally?

This award recognizes accomplishments and contributions that women have made to better themselves and their community.

Tell me about the accomplishments that you believe led to your nomination and win.

A lot of hard work, volunteering, and working with great people who motivate and believe in me.

Tell me more about the job you do here.

I am an information manager for quality assurance. I am currently in a master sergeant slot, so I get tasked with a lot of duties. I manage information from filing/tracking evaluation reports

and technical orders, to being a fitness program monitor, telephone control officer, equipment custodian, to fixing and supporting technical computer problems and creating/maintaining web pages.

How did you end up in a master sergeant slot?

We currently have low manning, even now they're trying to take it down to 84%. The master sergeant previously in this slot went to Vandenburg, and the civilian who replaced her moved to a new job. In the meantime the evaluators still needed someone, so it fell to me.

I used to work at 90th Missile Maintenance Squadron, supporting over 700 troops. Now I only take care of 35, so this is easy for me.

Why is your job important?

My job is crucial because we are the first line of defense for the



Photo by Senior Airman Tonnette Boyd

Airman 1st Class Nora Ling shows off her Warren Federal Woman of the Year award.

network control center. We try to prevent viruses and fix software/hardware problems on systems so they can run efficiently.

Do you do any volunteer work?

I am involved with many on base committees such as African American Heritage, Hispanic and Women's History Month Committees, and I am always looking forward to volunteering.

Do you have a favorite book? Explain why it's your favorite.

There are too many to list, but

I prefer romance novels.

Favorite movie and why?

The Lion King, it makes me cry every time I watch it.

Which home-cooked meal, do you miss the most?

Papaya salad - its a South Eastern Asian vegetable dish flavored with fish and crab. Oh, can't forget about the rice.

What do you do in your spare time?

I go shopping, a lot of shopping (chuckles). And I listen to my boyfriend DJ.

"Airman Ling is an integral part of the Maintenance Quality Assurance Team. She is an exceptional, young Airman who performs on and off duty beyond her years."

— Lt. Col. Jeffrey Fason, 90th Maintenance Group, quality assurance commander

Joining Forces at Six Flags Elitch Gardens

The 4th Annual Joining Forces at Six Flags Elitch Gardens will be held April 16, 10 a.m. to 6 p.m.

This is a military only event for active duty, guard, reserve, retired military, DoD civilian, base contractors, family members and friends. Tickets are available at outdoor recreation for \$18 per person and this includes lunch. Regular park admission price is \$37.99.

Outdoor recreation is offering free bus transportation while seats are available. Sign-up when purchasing your tickets. Parking at the park is \$9 per car.

For more information call ODR at 773-2988.

Family Day at Chadwell Dining Facility

Every Sunday is Fam-

ily Day at Chadwell Dining Facility. All active duty members may bring their family members with military ID cards to dine at Chadwell, noon to 1 p.m. Also invited are family members of the deployed.

Family members of E1 - E4 active duty are welcome to accompany their sponsor to any and all Chadwell Dining Facility meal times.

Play Texas hold'em poker

Texas hold'em poker is scheduled for April 30, 2 p.m. at the Trail's End Club. All entrants receive 50 white, 25 red and 25 blue chips worth \$40,500. Then top three players will receive awards. Door prizes will be given throughout the event. Blinds and antes will be announced at start of play. Blinds are to the left of dealer and rotate, as does the dealer.

Sign up and pay by April 22, and the cost is \$15 for members and \$20 for eligible nonmembers. After April 22, fees will be \$20 for members and \$25 for eligible nonmembers. Participants must be at least 18 years old to play.

Secretary Week

The Trail's End Club invites bosses to bring their secretaries to lunch any day April 26 to 29 in honor of Secretaries Day. The club will have a flower for your guest. Lunch is from 11 a.m. to 1 p.m. Reservations are not required.

Warren Cup Paintball Tournament

Units, dorms, activities and organizations - it's time to call out your rivals. Like the shoot-out at the OK Corral, there can only be one team left standing; but, this shoot-out ain't for

taming Dodge City, it's for something much bigger - bragging rights to the quickest guns in the West.

So get your team of 10 and up to five alternates together and register at outdoor recreation - or are you too Yella?!

The tournament will be held at the Warren Paintball Field April 23, and includes guns, safety equipment, 200 paintballs and T-shirt.

Additional paintballs will be available for \$8 per 100 bundle. What to bring: lunch and a war cry. The cost is \$10 per person when signing up by April 15. Sign up after April 15 is \$15.

Spring garage sale special

Patrons may rent tables at the usual weekend rate, \$4, and can pick them up a day early (Thursday) at no extra charge during the month

of April. Make the best use of your set up time.

Master's Team Play Tournament

The Master's Team Play Tournament is Saturday. Sign up as a single or a foursome. Draw a PGA Tour Pro playing at the master's as your partner. The cost is \$15 for members and \$25 for nonmembers. For more information, call the Warren Golf Club at 773-3556.

Tea time crafts

Come to the Multi Crafts Skills Center every Thursday from 1 to 3 p.m. Participants will learn to pour ceramics as well as painting techniques.

Also being offered is a class on scroll saw techniques. There will be two sessions and the cost is \$10.

For more information, call the multi-crafts center at 773-3754.


6 by 6

CONGRATULATIONS TO WARREN'S PETERSON NCO ACADEMY GRADUATES!

The Peterson NCO Academy's philosophy is to instruct United States Air Force NCOs in the basic tenets of leadership and management so they can develop and, in turn, improve the Air Force.


Tech. Sgt. Miles Bouck
90th Security Force Support Squadron
Tech. Sgt. Edmund Brown
90th Missile Security Forces Squadron
Tech. Sgt. Jason Cook
90th Logistics Readiness Squadron
Tech. Sgt. Patrick Gillin
90th Security Forces Squadron
Tech. Sgt. Craig Granger
20th Air Force
Tech. Sgt. Dennis Hayes
90th Maintenance Operations Squadron
Tech. Sgt. Laura Hoy
90th Logistics Readiness Squadron
Tech. Sgt. Noel LeMay
90th Medical Operations Squadron
Tech. Sgt. Richard Prior
90th Security Forces Squadron
Tech. Sgt. Andre Sheppard
90th Missile Maintenance Squadron
Tech. Sgt. Donald Walk
400th Missile Squadron

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RSVP Alice at 778-2841 or coyote@bresnan.net
OR Robin at rascrocker@yahoo.com by April 14th!

Congratulations to Warren's Federal Woman of the Year Winners

Warren Federal Woman of the Year awards recognize outstanding women working at Warren. The winners were selected base on self development/training efforts, community and installation activities, job performance and knowledge, and leadership qualities.

Clerical/Administrative

Tammy Unruh, 90th Space Wing chaplain assistant

Technical/Professional

Lorri Welsh, 90th Services Squadron

Supervisory

Lori Kickery, 90th Civil Engineer Squadron

Amn, E-1 through E-4

Airman 1st Class Nora Ling, 90th Maintenance Group

NCO, E-5 and E-6

Tech. Sgt. Florentina Thibodeau, 90th Medical Operations Squadron

SNCO, E-7 through E-9

Master Sgt. Bernadette Hamilton, 90th Space Wing judge advocate office

CGO, O-1 through O-3

Capt. Stephanie Dusza, 90th Medical Operations Squadron